

Make the swap

MYPHARMAPROGRAMS

Pro can help centralise operations and save you time.

See **page four** to learn about upgrading your pharmacy and patient engagement platform with a free three-month trial.

GO FURTHER. GO PROTECTED.¹

Don't risk your travel plans. Vaccines and preventative medicines may be recommended for where you're going.² Talk to your healthcare provider.

READY. SET. PROTECT.^{1,3}

Help prevent travel diseases. No matter where you're going.

1. Australian Centre for Disease Control. Australian immunisation handbook. Vaccination for international travellers. Available at <https://immunisationhandbook.health.gov.au/contents/vaccination-for-special-risk-groups/vaccination-for-international-travellers>. Accessed July 2026. 2. CDC. Travelers' health. Before you travel. Available at <https://wwwnc.cdc.gov/travel/page/before-travel>. Accessed October 2026. 3. Australian Centre for Disease Control. Australian immunisation handbook. Available at <https://immunisationhandbook.health.gov.au>. Accessed July 2026. sanofi-aventis australia pty ltd trading as Sanofi. All rights reserved. ABN 31 008 558 807. Sydney, Australia. www.sanofi.com.au. MAT-AU-2601898. Date of preparation: October 2026.

sanofi

Health spend outpaces population growth

AUSTRALIAN health spend for 2024-25 reached \$290.7 billion, equivalent to \$10,614 per person and 10.5% of gross domestic product (GDP), according to figures released by the Australian Institute of Health and Welfare (AIHW) today.

After adjusting for inflation, total health spending grew by 3.4% from the previous year, outpacing population growth of 1.6%.

Governments funded 70% of total health expenditure, with the Federal Government providing \$113.9 billion and state and territory governments providing \$89.6 billion, with private health insurers and individuals among key contributors to the remainder.

Government PBS subsidies amounted to \$18.6 billion, while

Don't suffer the pain of toothache.

Available from Symbion, Sigma, API & CH2

Always read the label and follow the directions for use.



For the temporary relief of pain from toothache.



\$0.4 billion was spent on for RPBS pharmaceuticals.

Individuals spent an estimated \$1.7 billion on out-of-pocket expenses for PBS medicines, an average of \$61 per person.

In addition, individuals spent \$16.6 billion on medications not subsidised through the PBS, including over-the-counter medicines, vitamins and health-related products, equating to \$607 per person.

The AIHW has also released the latest analysis of Australia's national health spending on diseases and injuries in 2024-25.

Of the \$195.1 billion in health spending that could be directly attributed to disease and injury, the three highest-cost disease

groups were cancer (\$21.7 billion), cardiovascular diseases (\$18.4 billion) and musculoskeletal disorders (\$17.5 billion).

Total spending on chronic conditions accounted for around \$107.6 billion, or over half (55%) of all disease spending in 2024-25. KB

Today's issue of PD

Pharmacy Daily today features three pages of news and a full page from myPharmaPrograms Pro.

minfos

Minfos Replenish

Automate the ordering. Focus on your pharmacy.



How do you reduce cyber risk for your pharmacy?

VIEW OUR

CHECKLIST



FRED



Light.

Grow Services.

Deliver Care with Confidence.

Register your interest



Reinvented condom readies to launch

AFTER more than a decade developing the world's first hydrogel condom, Sydney medtech company Eudaemon Technologies is gearing up for the product's global launch in 2028.

The innovation grew out of a Bill & Melinda Gates Foundation challenge to reinvent the condom, making it easier and more pleasurable to use, thereby improving sexual health outcomes worldwide.

Made from hydrogel, the same class of material used in soft contact lenses, Eudaemon's condom is soft, flexible and tissue-like, with properties that allow it to transfer heat and feel more natural against the body than conventional latex.

Eudaemon describes the hydrogel condom as "designed to be forgotten".

With an advanced manufacturing facility now open in Sydney's Annandale, the company has initiated a \$10 million funding round to support clinical trials, regulatory clearances, manufacturing scale-up and commercialisation ahead of its planned market release.

Eudaemon has also unveiled its first international consumer campaign, Operation International Relations, and is looking to recruit Aussies to introduce America's consumers to the condom of the future.



Cannabis no good for sleep

A NEW Cochrane review has concluded that existing evidence is too uncertain to determine whether medical cannabis improves sleep or daytime functioning in people with primary insomnia.

Looking at nine studies involving over 500 adults aged 18 to 76 who were treated with regulated medical cannabis, the team from Canada and Argentina found little to no clinically meaningful improvement in sleep quality and satisfaction, total sleep time, or daytime functioning when compared with a placebo.

Cannabis users were also much more likely to experience mild adverse events, such as dry mouth and dizziness.

Studies were limited by small samples, considerable variability in the type of cannabis product used and their short duration, so long-term effects were uncertain.

The authors concluded that the evidence remains weak and uncertain, highlighting the need for higher-quality research before medical cannabis can be recommended for insomnia.

"The main message is that the research currently available is not sufficient to reliably answer whether medical cannabis helps people with insomnia," lead author Dr Lucia Varela from the University of Manitoba in Canada said.

"This does not mean that medical cannabis is ineffective - it means that, based on the evidence we have, we cannot draw reliable conclusions about its effectiveness for insomnia in the general population," she explained.

MEANWHILE, a long-term US study involving over 1,200 participants who used nonmedical cannabis found that both cumulative use and recent use of



cannabis were associated with poorer sleep quality as measured with a wrist-worn device.

This included a lower percentage of time asleep, greater sleep fragmentation, and longer wake after sleep onset, while recent use was also associated with longer-than-optimal sleep duration.

No associations were observed with self-reported sleep quality, which the authors said underscores the importance of assessing both subjective and objective sleep quality.

A key strength of the study was the regular assessments of cannabis use that took place over 35 years, allowing the team to capture recent and long-term exposures.

The authors said the findings suggest potential adverse associations between long-term recreational cannabis exposure and midlife sleep health. **KB**

Priceline teams up with Diamonds

PRICELINE Pharmacy has extended its partnership with Netball Australia, being named principal partner of one of Australia's most successful women's sporting teams, the Australian Diamonds.

As netball experiences strong momentum across participation, fandom and commercial growth, Priceline Pharmacy stated it is excited to build on a shared commitment to women's health, wellbeing and community connection.

Wesfarmers Health's GM of marketing Corrina Brazel said, "Netball has a unique way of bringing women, families and communities together and that's something that really resonates with Priceline Pharmacy."

"We're proud to be expanding our partnership with Netball Australia," she said.

The Diamonds' uniforms will sport the Priceline logo as the team kicks off its Constellation Cup campaign in NZ this weekend, with Priceline Pharmacy hosting pre- and in-game activations.



**SAVE UP TO \$250
WITH TIER 1 PRICING***

Be Where Pharmacy Transforms

BOOK NOW

*Offer only available until 31 October 2026 (Tier 1 registration promotion)



Discover qore8

Longevity & Cellular Health Range Launch Campaign!



Made in Australia



Advanced Absorption



Science-backed Longevity Supplements



**25%
OFF**

STOCK UP NOW

Available on all qore8 products. Valid from 1/11/2026 - 30/11/2028. Always read the label and follow the directions for use.



Dispensary Corner

HEALTH issues such as water fluoridation, raw milk and paracetamol use during pregnancy are now viewed through a distinctly political lens, according to a recent study of more than 2,100 US adults.

Researchers from Iowa State University found overall that a surprising number of Americans are unsure about these topics.

Only about half believed fluoridated tap water is safe, while half believed raw milk is less safe than pasteurised milk, and fewer than half rejected claims that taking paracetamol in pregnancy causes autism.

The most striking finding, however, was the gap between Republicans and Democrats.

Across almost every issue studied, Republicans were more likely than Democrats to hold views that differed from the prevailing scientific consensus, believing raw milk is just as safe as pasteurised milk and paracetamol use during pregnancy could cause autism.

Republicans were also more likely to support policies such as banning water fluoridation, expanding raw milk sales, and issuing government warnings against taking paracetamol in pregnancy.

Democrats, by contrast, were generally more likely to align with established scientific guidance on these issues.

The only exception was beliefs about fluoride safety itself, where party affiliation was not a significant predictor, despite Republicans being more likely to support banning it.

PRODUCT SPOTLIGHT

Suppliers wanting to promote products in this feature should email advertising@pharmacydaily.com.au

Revive Tears - PBS-listed

Revive Tears lubricating eye drops provide long-lasting and soothing relief against burning, irritation and discomfort due to dry eye.

The product moisturises, comforts and refreshes dry, tired and strained eyes.

Revive Tears helps lubricate, hydrate and protect dry eyes.

Suitable for use with contact lenses.

Contains hypromellose 3mg/g.

RRP: \$4.32 (available in 10ml packs)

Suppliers: Available from Symbion, Sigma, API and CH2.

Website: [CLICK HERE](#) for more information.



APOHEALTH Worm Treatment - chewable tablet blister pack (6)

APOHEALTH Worm Treatment is used for the treatment of *Enterobius vermicularis* (threadworm or pinworm), and the treatment of other worms such as *Ascaris lumbricoides* (roundworm), *Trichuris trichura* (whipworm) and *Ancylostoma duodenale* and *Necator americanus* (hookworm) only under medical supervision.

Active ingredients: Mebendazole 100mg

RRP: \$9.99

Stockist enquiries: 1800 276 839 or contact your Arrotex territory manager.

Website: [CLICK HERE](#) for more information.

Always read the label and follow the directions for use.



myPharmaPrograms Pro

Switching Screens, Multiple Logins, *Losing Time?*



myPharmaPrograms Pro is an all-in-one pharmacy and patient engagement platform designed to give you time back by centralising your operations.

Switch now for
*3 Months Free**



* 3-month free trial is effective from the activation date.