

4 ways to help build strong bones



Available from Symbion, Sigma, API & CH2
Always read the label and follow the directions for use.

Drowning in tissues?

Your Health in Your Hands



Chemists' Own

CLICK HERE TO VIEW OFFER

Always read the label and follow the directions for use.

Health leaders warn of climate

ADVANCED Pharmacy Australia (AdPha) is among 56 health organisations calling on the Federal Government to implement stronger climate action to protect people's health, with a particular focus on phasing out fossil fuels.

Ahead of COP31, health leaders from across Australia and the Pacific have warned that preparing hospitals and healthcare services for climate change will not be enough to protect people's health without tackling the causes of climate change.

A joint statement endorsed at the Climate and Health Alliance Leaders Summit at Parliament House in Canberra on Tue set out 10 calls for action by the Australian Government, including an end to new coal, oil and gas project approvals and expansions, the removal of fossil fuel subsidies, and action to achieve the 1.5°C global warming limit.

The alliance is also urging

the government to honour its commitment to Pacific priorities, including debt-free climate finance and investment in healthcare systems.

The call comes a day after the Australian Centre for Disease Control launched new guidance to help hospitals, aged care providers and other healthcare organisations identify and prepare for climate-related risks, including extreme heat, floods and disruptions to essential healthcare.

AdPha CEO Kristin Michaels said, "Health professionals see the consequences of climate change and natural disaster firsthand, in our hospitals, our general practices, our community pharmacies and our communities.

"Nowhere is that more evident than in the Pacific, where rising seas and extreme weather are already part of daily life.

"Climate resilience and health equity are deeply connected [and] the decisions made at COP31 will shape the health and wellbeing of Pacific communities for generations.

"Australia's health sector stands alongside our Pacific neighbours at this critical moment," Michaels concluded. *KB*

Today's issue of PD

Pharmacy Daily today features five pages of news, including our **Beauty & Wellness** feature.

GO FURTHER. GO PROTECTED!

Don't risk your travel plans. Vaccines and preventative medicines may be recommended for where you're going.²
Talk to your healthcare provider.

READY. SET. PROTECT!^{1,3}

Help prevent travel diseases. No matter where you're going.

1. Australian Centre for Disease Control. Australian immunisation handbook. Vaccination for international travellers. Available at <https://immunisationhandbook.health.gov.au/contents/vaccination-for-special-risk-groups/vaccination-for-international-travellers>. Accessed July 2026. 2. CDC. Travelers' health. Before you travel. Available at <https://wwwnc.cdc.gov/travel/page/before-travel>. Accessed October 2026. 3. Australian Centre for Disease Control. Australian immunisation handbook. Available at <https://immunisationhandbook.health.gov.au>. Accessed July 2026. sanofi-aventis australia pty ltd trading as Sanofi. All rights reserved. ABN 31 008 558 807. Sydney, Australia. www.sanofi.com.au. MAT-AU-2601898. Date of preparation: October 2026.

sanofi

VITACEUTICALS

MagZorb Performance Creatine

 Supports Muscle Growth and Strength, and Helps Reduce Muscle Soreness

 Supports Focus and Cognitive Performance

 100% Vegetarian and Gluten-Free

Available via Symbion & API



BETADINE®

New look. Same trusted formula.



Always read the label and follow the directions for use.

PLENVU®
Powder for Oral Solution



Click here for useful tips when taking PLENVU®

Norgine Pty Limited. Suite 3.01, Building A, 20 Rodborough Road, Frenchs Forest NSW 2086, Australia. AU-GE-PLV-2600027. Date of Preparation: June 2026.

Call to tackle stigma in standards

HEPATITIS Australia has called for stigma to be explicitly identified in the next edition of Australia's National Safety and Quality Health Service (NSQHS) Standards, warning that it poses major challenges to person-centred care across the health system.

Stigma is a key barrier for people living with hepatitis B and hepatitis C to accessing high-quality and safe care, from diagnosis and throughout their ongoing care, and ultimately leads to poorer long-term health outcomes and avoidable costs for individuals, communities and the health system.

Hepatitis Australia, in conjunction with a coalition of peak health organisations and academic researchers, wants stigma explicitly linked to standards relating to person-centred practice, clinical governance, and safe clinical systems, and reflected in the sections addressing bias and assumptions, discrimination, cultural safety and equity.

The third edition of the NSQHS Standards will shape how healthcare is delivered and assessed for accreditation for the next decade.



HCPs want men's health training

AUSTRALIAN healthcare professionals are not getting the training they need to deliver gender-related healthcare to men, according to new research led by the Movember Institute of Men's Health.

The survey of 487 GPs, nurses and midwives, psychologists and pharmacists found just 14% overall had received relevant training on how to effectively engage men in healthcare during their primary professional education, and among pharmacists specifically, that figure was 12%.

Over half (59%) reported low familiarity with approaches that account for how masculinity and gender norms shape men's health.

Participants described strong professional and personal motivations to improve care for men, but were unsure how a focus on men's needs fits with person-centred care, with some understanding person-centred care as treating every patient the same regardless of gender.

There was also concern that a greater focus on men's health could be seen as taking attention away from women's health, which has historically been under-researched



and under-resourced.

Ben Rogers, global director, health systems at Movember and co-author of the study, said the findings reinforced the opportunity to better support health professionals to respond to men in ways that strengthen engagement with care.

"For men, expectations around stoicism, self-reliance or not wanting to make a fuss can shape what they say, what they hold back and whether they come back for care," Rogers explained.

"Being able to recognise those dynamics can make a real difference to the quality of the interaction."

The study concluded that while training is important, lasting change will also need support from the wider health system, including building men's health into core professional curricula, workplaces providing practitioners with time to train, and funding models that allow longer appointments where trust can be built.

"The opportunity is to build on the skills practitioners already have, while making gender-responsive care a more visible and understood part of health professional education and everyday practice," Rogers said.

Pharmacists can undertake the Men in Mind for Primary Care free professional development program, funded by the Australian Government and Movember - learn more [HERE](#). KB

Tavneos to be withdrawn

CSL has today announced that Tavneos (avacopan) will be withdrawn from Australia, and will no longer be available from 31 Mar 2027, with no new patients able to start treatment as of today.

The drug is used to treat adults with certain forms of ANCA-associated vasculitis, and around 150 patients in Australia take the drug.

"Ensuring a smooth transition for patients is our highest priority," a spokesperson for CSL said.

"In agreement with the Therapeutic Goods Administration (TGA), CSL will work with healthcare professionals so that patients currently receiving Tavneos can finish their treatment or transition to an appropriate alternative before 31 Mar 2027," they explained.

CSL's decision to withdraw the Tavneos registration in Australia followed recent regulatory actions taken overseas, with the TGA conducting its own review ([PD 04 Aug](#)).

The *New England Journal of Medicine* retracted the pivotal study on the request of two of the lead authors after they learnt of a data integrity breach, with the European Medicines Agency and US Food and Drug Administration (FDA) subsequently moving to withdraw the drug from market.

In addition, an analysis released by FDA earlier this year raised concerns over acute liver injury associated with the drug, including several fatalities.

More Andrographis product recalls

THE Therapeutic Goods Administration (TGA) has advised the following products are being recalled as they contain *Andrographis paniculata*, which has been linked with serious allergic reactions: Immunitone Plus, Ayuna Ama Care 60 /100 Veg capsules, and Phytologic Activated Immune Enhance.

Learn more [HERE](#).



When you're building what's next for your pharmacy, we're here to back you.

Contact our team for a confidential chat

ipagroup.com | PH: 1300 001 724 | E: enquiries@ipagroup.com

[LEARN MORE](#)



ARE YOU A HEALTH PROFESSIONAL? ARE YOUR DETAILS CORRECT?

As a health professional, did you receive today's special edition? Click here to change your subscription details via email.



Privacy at heart of new period tracker

AS GIRLS and women become more conscious of privacy concerns around personal data obtained through period tracking apps, a Queensland teenager Eva Barker (pictured) has developed a new cycle and reproductive health companion that operates entirely on the user's device.

The app, Dotti, introduces an edge-computing architecture that tracks menstrual cycles and pregnancy without requiring accounts, logins or remote server storage.

For consultations with general practitioners or coaches, Dotti generates structured PDF summaries locally, allowing users to choose which information to print or show.

Barker's audit of the 10 most downloaded period tracking apps on the App Store and Google Play found nine of them uploaded intimate user records to centralised corporate servers,



and half presented conflicting data-handling disclosures between Apple and Google app store listings.

"Millions of women and teenage girls track their most private health signals every day, assuming that basic digital privacy protects them," Barker said.

"Our audit showed that corporate femtech is still built around centralised databases," she continued.

"Dotti was built on a simpler premise: your reproductive health belongs to you, and only you," Barker stated.

Visit the Dotti website [HERE](#).

A CPD experience with difference



HEALTH professionals came together on the Gold Coast last Sat at Flip The Script, a free one-day CPD-accredited event placing connection, community and wellbeing at the heart of healthcare.

Activities were designed to provide attendees with an experience of wellbeing and connection that they can take back into practice for the patients and communities they support.

The inaugural retreat was hosted by pharmacist Jenny Kirschner, founder of Pharmacy Addressing Loneliness and Social-isolation (PALS); Dr Kuljit Singh, national chair of the RACGP Social Prescribing Special Interest Group; and Professor JR Baker, chair of the Australian Social Prescribing Institute of Research and Education (ASPIRE) and CEO of Primary and Community Care Services.

"It was an incredible day," Kirschner told *Pharmacy Daily*.

"Flip The Script was a genuine collaboration, and it simply would not have happened without all the

people and organisations willing to try something a little new, together," she added.

Among the attendees was Pharmacy Guild of Australia Queensland Branch VP Fiona Watson, who said, "I can honestly say I have never done CPD quite like the Flip The Script learning event.

"It was an incredible, inspiring and energising day that started with a silent disco on the beach, included yoga, breath work and an extremely fun creative activity - that definitely wasn't a competition but our team felt we won.

"There were excellent sessions on the benefits of social prescribing, on chronic stress and its impacts on all the body's systems, and how health professionals can incorporate social prescribing to improve the health of our communities," she added.

Kirschner intends to roll out the event across different states, and is inviting pharmacists to register their interest - see the Flip The Script website [HERE](#) for more. *KB*

Bayer sets farm-to-pharmacy challenge

HEALTH and agriculture giant Bayer, in partnership with AIESEC at UNSW, has challenged STEM students to examine how climate change could affect Australia's \$100 billion agricultural industry and influence the trajectory of human health.

Students must present an implementable solution that addresses the impact of rising global temperatures on health-related agriculture, with medicinal crops, such as poppy,

and cotton, whose fibre and cellulose are used in wound dressings, swabs and medical textiles, among the scenarios.

"I'm excited by the bold possibilities that can come from solving real problems with science that surprises, and the chance to be inspired by exploring new solutions with fresh minds," Bayer ANZ MD for Consumer Health, Ayumi Uyeda said.

Bayer will offer mentoring experiences to the winning team.

Save time. Save Money.

Mechanical Precision, Human Care

Automation isn't about replacing pharmacists - it's about elevating them. No matter the size of your pharmacy, contact us for a confidential discussion to explore your options.



Willach | Pharmacy Solutions

willach.com.au



Editor's Choice: Aussie brand KIC puts a spin on the hydration category

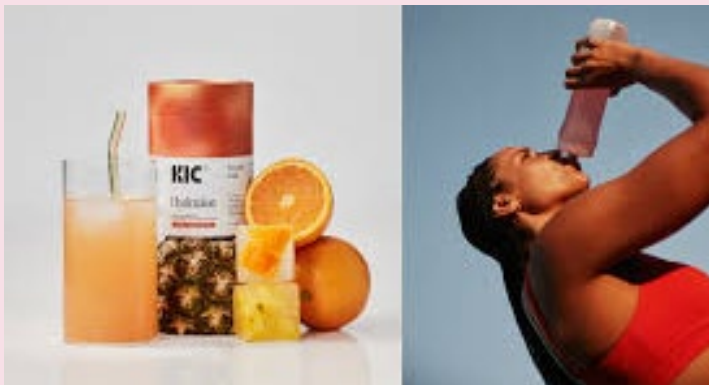
POPULAR wellness brand KIC has entered the electrolytes category and launched KIC Hydration, with products rolling out across Priceline stores in Oct.

Unlike traditional formulations built on performance, endurance and sport, KIC products feature twice as much potassium as sodium, catering specifically to the needs of women.

The Everyday range features three different hydration powders in mixed berry, watermelon and mint, and orange and pineapple (RRP \$39.95 each).

Meanwhile, the KIC Bump range has been formulated specifically for pregnancy and postpartum.

"Hydration is one of the most exciting and rapidly evolving



spaces in wellness, but rapid category growth doesn't necessarily mean every consumer is being well served," said KIC CEO Janey Martino.

"We believe there is an opportunity to help shape



what the next generation of hydration looks like, moving it beyond something associated predominantly with sport and performance and making it a credible everyday wellness ritual for women."

Biore's bubbly launch



SKINCARE brand Biore has launched in Australia, introducing a new way to gently tackle the appearance of visible pores.

Powered by first-to-market technology from Korea, the Biore Pore Refining Bubble Nose Mask (RRP \$15.99 for a four-pack) helps to remove dirt, oil and pore build-up with ingredients including glycolic acid and K-beauty fruit enzymes.

The effervescent new product uses both chemical and physical exfoliation, including silicon scrubbers which gently remove impurities, while glycerin and hyaluronic acid help to nourish the skin.

"We're excited to introduce the Biore Pore Refining Bubbling Nose Mask as a completely new format for Biore's pore-care range," explained senior brand manager Natalie Patrikios.

"Biore has always been focused on finding innovative ways to care for pores, and this product brings that expertise to life through a fun and fizzy experience."

Available now at Priceline and Chemist Warehouse.

OPI releases sweet treat

OPI has collaborated with M&M's to launch a sweet advent calendar for the festive season.

Inspired by M&M flavours, the 'Sweeten Your Mani' calendar (RRP \$89.95) features 12 new shades in Infinite Shine, eight new shades in Nail Lacquer and six new shades in RapiDry.

The limited edition holiday range also includes six new chocolate and candy-inspired artificial nail designs in press-ons.



NIRO unveils new way to kick smoking to the curb



A NEW non-addictive nicotine-free chewable called CURBi (RRP \$24.99) has launched to help Aussies quit smoking and vaping.

With ingredients such as Bacopa monnieri, saffron and theanine, the formulation aims to support calmness and mental focus and

comes in three flavours - mango passionfruit, mixed berry and watermelon.

CURBi can be used on its own or in conjunction with nicotine replacement therapy.

"The way younger Australians experience nicotine dependence has changed, but the quit aisle has not kept pace," said Nick Rowell, NIRO Brands founder.

"People who started their addiction with brightly branded, flavour-led vapes are being asked to quit with products that feel like they belong to a different era - and it's just not sustainable.

"CURBi bridges that disconnect as a nicotine-free chewable that fits naturally into modern life and provides support when symptoms of quitting hit."

Want to feature on this page?

email advertising@pharmacydaily.com.au to find out more

Beauty & Wellness
by Pharmacy Daily



Dispensary Corner

IF YOU struggle to get your brain into action much before midday, you could possibly benefit from the growing trend of chronoworking.

The term, which was coined by a British journalist rather than a medical scientist, refers to structuring your job around your personal circadian rhythm instead of the traditional nine-to-five.

While pushed with great enthusiasm among those who prefer the flexibility of working when they are most productive, bosses tend to regard it more as a scheduling nightmare.

It's easy to see that it could work well for freelancers or those who work remotely and are able to tee up contact hours with teams in an ideal timezone.

But experts say it doesn't need to be as drastic as requesting a seven-hour shift in times worked, and even one or two hours could make a difference.

Christopher Barnes, an organisational behaviour expert at the University of Washington, who has done a lot of research in the area, assured bosses, "You get a better employee if you have an alignment between their work schedule and their circadian rhythm."

Dementia carers need support

DEMENTIA Australia has highlighted the urgent need to give carers the support they need off the back of National Carers Week (11-17 Oct), under the theme 'Care for a carer: Making carers visible'.

The Australian Institute of Health and Welfare's (AIHW) recent *Living with Dementia Survey* found that more than six in 10 carers reported feeling overwhelmed by their caring responsibilities.

The survey also revealed that more than eight in 10 participating carers identified as the primary carer of someone living with dementia, with around half providing at least 40 hours of care every week, and almost one third 70 or more hours each week.

Almost half of carers reported complicated application processes for services and support, and more than one in three said there was a lack of available services in their local area.

"With so many Australians involved in caring, it is vital that there are systems in place to provide adequate support to carers," Dementia Australia CEO Professor Tanya Buchanan said.

"These findings echo what we have heard from people living with dementia and their carers for a long time - navigating and understanding the services and supports after



a diagnosis of dementia can be extremely challenging."

Dementia Australia and Carers Australia have issued a joint call for a national independent review of respite services, saying that without support, carers can experience burnout and reach crisis points.

"This increases the risk of unplanned hospitalisation or premature entry to residential care, which in turn puts more strain on individuals as well as the health and aged care systems," Professor Buchanan said.

The call comes as landmark international research led by UNSW Sydney's Centre for Healthy Brain Ageing estimated that 11.4 million people globally developed dementia in 2023 - a figure projected to rise to 24.7 million a year by 2050.

Dementia currently affects more than 57 million people worldwide, with previous research projecting prevalence to reach approximately 150 million by 2050. KB

NSW does a 360

360BIOLABS, the Australian laboratory subsidiary of bioanalytical company BioAgilytix, is further expanding with its new NSW location in Sydney.

The laboratory is located near the Clinical Trials Unit at Macquarie University, which reports nearly 200 active clinical trials across conditions including cancer, cardiovascular, respiratory and neurological diseases.

"The Sydney laboratory marks the next stage of growth for 360biolabs in Australia," president Alistair Draffan said.

"NSW has a strong and growing clinical research sector, and establishing a permanent presence in Sydney allows us to invest alongside that growth."

"It expands our ability to support clients locally, strengthens our national business, and creates a stronger foundation for continued growth in the region," he added.

The laboratories now cover all the eastern states, with locations in Vic and Qld.

360biolabs was founded in 2015 at the prestigious Burnet Institute in Melbourne by Draffan and fellow Australian scientists Melinda Pryor and Angela Luttick.

Discover qore8

Longevity & Cellular Health Range Launch Campaign!



Made in Australia



Advanced Absorption



Science-backed Longevity Supplements

Available on all qore8 products. Valid from 1/11/2026 - 30/11/2026. Always read the label and follow the directions for use.



25% OFF

STOCK UP NOW

Pharmacy Daily

www.pharmacydaily.com.au

Pharmacy Daily is part of the Business Publishing Group family of publications.

Pharmacy Daily is Australia's favourite pharmacy industry publication.

EDITORIAL

Editor - Karina Bray
Travel Daily Editor & Acting Editorial Director
Adam Bishop
Journalists - Myles Stedman, Janie Medbury,
James Bale, Zach Havard
Editor-at-large - Bruce Piper
Associate Publisher - Jo-Anne Hui-Miller
Editorial Director - Damian Francis

Pharmacy Daily is a publication of Pharmacy Daily Pty Ltd ABN 97 124 094 604. All content fully protected by copyright. Please obtain written permission to reproduce any material. While every care has been taken in the preparation of the newsletter no liability can be accepted for errors or omissions. Information is published in good faith to stimulate independent investigation of the matters canvassed. Responsibility for editorial comment is taken by Damian Francis.

ADVERTISING AND MARKETING

Head of Sales & Marketing - Sean Harrigan
Business Development Manager
Kara Stanley
advertising@pharmacydaily.com.au

GENERAL MANAGER & PUBLISHER
Matthew Vince

ACCOUNTS

accounts@traveldaily.com.au

Suite 1, Level 2, 64 Talavera Rd
Macquarie Park NSW 2113 Australia
Tel: 1300 799 220 (+61 2 8007 6760)

info@pharmacydaily.com.au

TRAVEL DAILY

CRUISE WEEKLY