

Today's issue of PD

Pharmacy Daily today features four pages of the latest news, including our **Beauty & Wellness** feature, plus a full page from **Nova Pharmaceuticals**.

New head for CSL

THE Board of Directors at CSL has announced the appointment of Deborah Waterhouse as CEO and MD, commencing in Feb 2027.

Waterhouse, who will retain her current base in the UK, has more than 25 years' experience leading complex global specialty pharma companies in the UK, US, Europe and Australia.

CSL chair Dr Brian McNamee said Waterhouse is "an outstanding global leader with a proven ability to grow complex businesses", and that the board's decision to appoint her was unanimous.

Penicillin de-labelling campaign kicks off

THE National Allergy Council has today launched a new awareness campaign about reported penicillin allergy, tied in with new Australasian Society of Clinical Immunology and Allergy (ASCI) guidelines, training and resources for health professionals.

Around 10% of people report a penicillin allergy, yet fewer than 1% of the population are thought to be truly allergic, and more than 90% of people recorded as having a penicillin allergy can tolerate penicillin following appropriate assessment and testing.

Carrying an inaccurate penicillin allergy label can have significant implications for patient care and antibiotic use, explained Professor Michaela Lucas, a clinical immunology/allergy specialist and co-chair of the National Allergy Council's Drug Allergy Working Group.

"When penicillin is ruled out, patients may receive alternative antibiotics that would otherwise

not be the preferred treatment," Professor Lucas said.

"Reported antibiotic allergy is associated with longer treatment and hospital stays, higher readmission rates and greater use of alternative antibiotics, with broader implications for antimicrobial resistance."

For many patients, a penicillin allergy has simply followed them on medical records through their life, perhaps because of a rash that happened as part of an illness when they were first given penicillin as a child, but was never properly assessed.

"This is particularly important because many penicillin allergy labels may not reflect a current allergy," Professor Lucas said.

"The original reaction may have been caused by the underlying illness rather than penicillin, and even genuine sensitivity can diminish over time," she added.

The resources include guidance on taking an allergy history,



identifying low-risk patients who may be suitable for assessment, when to refer for specialist assessment, and accurately updating allergy information in medical records.

Learn more [HERE](#). KB

UTI prevention

NOVA Pharmaceuticals has launched antibacterial Uraleev (methenamine hippurate 1g) to help prevent recurrent UTIs.

Learn more about this and other Nova products on [p5](#).

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be recommended for where you're going.²
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If you are exploring the vast lands of Australia or venturing across the seas, you might also come across some diseases that can put a stop to your travel plans. So, to help prevent travel diseases while you are away, speak with your healthcare provider to see if there are any vaccines that you might need before you go.^{1,3}



1. Australian Centre for Disease Control. Australian immunisation handbook. Vaccination for international travellers. Available at <https://immunisationhandbook.health.gov.au/contents/vaccination-for-special-risk-groups/vaccination-for-international-travellers>. Accessed July 2026. 2. CDC. Travelers' health. Before you travel. Available at <https://wwwnc.cdc.gov/travel/page/before-travel>. Accessed October 2026. 3. Australian Centre for Disease Control. Australian immunisation handbook. Available at <https://immunisationhandbook.health.gov.au>. Accessed July 2026. sanofi-aventis australia pty ltd trading as Sanofi. All rights reserved. ABN 31 008 558 807. Sydney, Australia. www.sanofi.com.au. MAT-AU-2601898. Date of preparation: October 2026.

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Nicotine vapes affect blood vessels

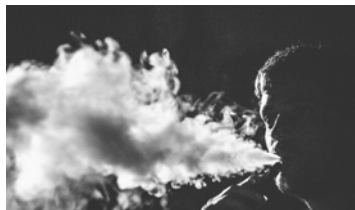
REGULAR daily nicotine vape use in young adults who had never smoked combustible tobacco was associated with lower vascular function and cardiorespiratory fitness, according to international research published today.

In a small study of 58 young adults, the team compared vascular function and cardiorespiratory responses to exercise across three groups: participants who currently used a nicotine vape daily, those who currently smoked combustible cigarettes, and people who had never smoked or vaped.

They found that using nicotine vapes was linked to reduced vascular function, as measured by carotid artery reactivity and flow-mediated dilation.

This meant arteries, veins, or small capillaries that are stiff, narrowed, inflamed, or unable to properly relax and open up.

The vascular function findings in vapers were similar to those for people who smoked combustible



cigarettes, the team noted.

Interestingly, they found that peak $\dot{V}O_2$ was lower in adults who exclusively used nicotine vapes compared with those who exclusively used combustible cigarettes, as well as those who were tobacco and nicotine vape naive.

"Regular daily nicotine vape use in young adults who have never smoked combustible tobacco was associated with lower vascular function and cardiorespiratory fitness," the researchers concluded.

"These findings highlight the need for longitudinal studies to determine long-term clinical implications," they added.

Read the study [HERE](#). KB

ACT's best and brightest awarded

THE best of the best in community pharmacy in the national capital have been honoured at the National Pharmacy Awards in the ACT earlier this week.

Those exhibiting excellence in the profession were honoured at the Pharmacy Guild of Australia's ACT Branch Annual Dinner at The Marion on Tue, with TerryWhite Chemmart Compounding Ainslie named Community Pharmacy of the Year.

Other big winners included Community Pharmacist of the Year, awarded to Shareef Ali (pictured) from TerryWhite Chemmart Charnwood, while Pharmacy Assistant of the Year was given to Lisa Boniface from The Pharmacy on Bunda.

Meanwhile, Intern Pharmacist of the Year was Ragasudha Nutulapati of Erindale Pharmacy, while Student Pharmacist of the Year was given to Summah Holden from Hawker Discount



Drug Store.

"These awards showcase the care, commitment, and professionalism of community pharmacy in the ACT, from students at the beginning of their careers through to experienced community pharmacists, and owners of community pharmacies, highlighting their evolving role in keeping Canberrans healthy," Guild ACT branch president Simon Blacker said of the winners. MS

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Editor's Choice: Hada Labo develops sunscreen just for Australians

HADA Labo Tokyo has entered the sun care category with the launch of four new SPF 50 and SPF 50+ sunscreens.

Developed by Mentholatum Australasia to meet the strict requirements of the Therapeutic Goods Administration, each product was designed specifically for Australian conditions.

Newly launched is the SPF 50+ Hydrating Face Fluid Sunscreen (RRP \$34.95), a lightweight formula that leaves a glowy finish.

Other products in the range include the SPF 50+ Hydrating Face Sunscreen that offers a matte, anti-shine finish (RRP \$39.95), the SPF 50+ Hydrating Tinted Face Sunscreen for sheer coverage (RRP \$39.95), and SPF



50 Hydrating Sunscreen.

"We didn't just import a Japanese formula, our team developed this range in Australia to meet those requirements, while protecting everything

people love about Japanese SPF and Hada Labo Tokyo, featherlight textures and serious hydration," explained Dominique Ries, head of marketing at Mentholatum Australasia.

A new kind of skin tint



AUSTRALIAN-OWNED cosmetics brand Kind Collective has released the new Hydra + Grip Skin Tint (RRP \$35) at Priceline.

Infused with skincare-led ingredients including hyaluronic acid and niacinamide, the lightweight tint creates a fresh, radiant-looking finish that stays in place all day.

The skin tint is available in 12 shades in-store and online at Priceline nationwide.

"We're seeing beauty move towards fresh, real-looking skin, where freckles and texture aren't something you need to cover up," said Kind Collective co-founder Lynda Chapman.

"We wanted to create an easy everyday tint that gives you that fresh, dewy finish, while bringing together hydration, grip and skincare ingredients at an accessible price."

"It's our kinda tint: lightweight, easy to use and designed for real, everyday skin."

RT Reimagined rebrand

MAKEUP tool brand Real Techniques has unveiled its rebrand this month, including a new logo, updated packaging and an elevated look and feel.

Named RT Reimagined, the rebrand has now rolled out instores, online and across products from its Miracle Complexion Sponge to its Makeup Saver range.



South African beauty brand seeks Aussie stockists



AFFORDABLE South African cosmetics brand Jaydeekay Beauty is launching in Australia and looking for retail partners.

Founded by bridal hair and makeup artist Jeandelene de Kock (**pictured**) and cosmetic developer Natasha Venter, the brand launched in 2021 with the aim of developing flattering shades and effective formulations that work across all skin tones and types, and for people of all ages.

The hero product of Jaydeekay's range is its stamp eyeliner (RRP \$20) that combines a wing stamp at one end with a precision felt tip liner at the other.

Other products in the Australian range include the Seashell Crush Blush (RRP \$25), Glow Tide Highlighter (RRP \$25) and Velvet Luxe Lipstick (RRP \$22) available in seven shades.

For stockist enquiries contact: tiare@bondibeautyda.com.

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Beauty & Wellness
by Pharmacy Daily



Dispensary Corner

CASTOR oil has become a popular potion for luscious locks, at least on social media, but a recent dermatology myth-busting exercise found that sadly, there is only limited evidence it is effective.

Promoted as a natural solution for thinning hair, sparse eyebrows and slow hair growth, it is claimed that regularly massaging the oil into the scalp can stimulate follicles, increase hair density and produce visibly longer or thicker hair.

Castor oil contains ricinoleic acid, a fatty acid that has been investigated for anti-inflammatory and other biologic properties.

Research has shown that ricinoleic acid suppresses an enzyme implicated in androgenetic alopecia, so there is in fact a plausible biological mechanism for a role in preventing hair loss.

However, at this stage, there is no clinical evidence that it supports hair growth.

On the other hand, the thick oil can help make hair look healthier, shinier and potentially fuller, and by taming frizz, hair may look longer.

Side effects are rare, with contact dermatitis the main one.

Woodberry pharmacy reopens for business

RESIDENTS of Woodberry in the NSW Hunter Region yesterday welcomed the reopening of their local pharmacy, representing the culmination of a year-long effort by Watsons Group director Navin Bakshi to restore an essential service to the community.

The pharmacy - now called Woodberry Community Discount Pharmacy - had closed after its Pharmaceutical Benefits Scheme (PBS) approval was revoked (**PD 26 Nov 2025**), leaving residents without a local source of PBS medicines.

When Bakshi learnt what had happened, he flew down from Queensland to see the premises for himself.

"When we opened the doors, everything was set up and all the stock was there - it looked like the former owner had just locked the doors and left," Bakshi told **Pharmacy Daily**.

But it was what happened outside the pharmacy that brought home the impact of the closure.

As Bakshi inspected the premises with the landlord, locals began arriving with prescriptions in their hands, hoping the open doors meant their pharmacy had finally returned.

For Bakshi, those encounters turned a site inspection into a commitment to help bring the pharmacy back.

What followed was a year-long

effort to secure the approvals and rebuild the service the community had lost.

Bakshi approached the office of local Federal MP Meryl Swanson, who supported his application for ministerial approval to restore PBS services.

The application needed to demonstrate the community's circumstances and the impact of losing reasonable access to PBS medicines.

"It's something that's happened which is totally out of their control - it wasn't their fault and this community shouldn't be without reasonable access," Bakshi said.

He also recognised the significant contribution of Stephanie McGrath of Twenty20 Legal, whose legal assistance supported the application through the approval process and helped turn the proposed reopening into a reality.

Following Minister Butler's approval to restore PBS services, Bakshi obtained NSW Pharmacy Council approval for the premises and continued the work needed to reopen.

Local pharmacist Oliver Keenan (**pictured**) has now joined as manager, with the full-service PBS pharmacy once again operating.

"It's a real privilege to be part of bringing the pharmacy back to Woodberry," Keenan told **Pharmacy Daily**.

"I've lived in Newcastle for 20



years, and I know how important it is for people to have convenient access to their medicines and healthcare close to home," he explained.

For Woodberry residents, the reopening means more than the lights back on in an empty shop - it means being able to walk through those familiar doors with a prescription, and finally have it filled.

"We're looking forward to welcoming everyone through the doors and becoming a trusted part of the community for many years to come," Keenan concluded. **KB**

Luminesce program

THE Luminesce Alliance for innovation in children's health has released the program for its upcoming conference, taking place on 04-05 Nov at UNSW Sydney.

Established to coordinate and integrate paediatric precision medicine research, the alliance focuses on early diagnosis and treatment for children - learn more **HERE**.



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