

## Today's issue of PD

**Pharmacy Daily** today features three pages of the latest news, plus a full page from **Chemsave**.

## Chemsave turns 20

**CHEMSAVE** is celebrating its 20th birthday and is still 'solely pharmacist-owned for the sole benefit of pharmacists'.

Learn more about what Chemsave offers on **page four**.

## Apple Pay for CWH

**CHEMIST** Warehouse has launched Apple Pay online, providing customers with an additional payment option when shopping.

Chemist Warehouse deputy CEO Mario Tascone said the introduction of Apple Pay was another step in making health and wellbeing products more readily available.

"Customers expect shopping to be simple, seamless and convenient, and we're continuing to invest in technology that helps make that experience easier and improve accessibility to health and wellbeing products," Tascone said.

"The introduction of Apple Pay gives our customers another quick and familiar way to pay online, making it easier to move from browsing to checkout and get on with their day," he added.

## Pharmacy-only vape sales key to protecting youth

**NEW** research published today in the *Australian and New Zealand Journal of Public Health* has revealed that over one in 10 Australian high school students have put their health at risk using a range of different nicotine products, including vapes, tobacco and nicotine pouches.

Led by the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney, the survey of over 1,800 students aged 14-18 from 20 schools across New South Wales, Queensland and Western Australia found that over 12% of teens had used e-cigarettes in their lifetime, almost 6% had used tobacco, while 3.5% had used nicotine pouches.

Over 2% of all respondents had used all three.

Compared to females, males were nearly three times more likely to have used nicotine pouches and over one-and-a-half times more likely to have smoked cigarettes.

Lead author Dr Lauren Gardner, from the Matilda Centre at the University of Sydney, said the study showed the need for targeted strategies - such as the team's 'OurFutures Vaping Prevention Program' (**PD** 20 Aug 2025) - to prevent teenage nicotine addiction and to support young people to quit.

Tobacco control and public health expert Associate Professor Raglan Maddox, from the Australian National University, called on governments to continue to enhance measures to protect youth from nicotine addiction.

"This study shows the problem

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is bigger than any one product," Associate Professor Maddox said.

"Young people are being exposed to cigarettes, vapes and nicotine pouches, so our response needs to deal with all of them - not just one at a time.

"We must do more to protect young people's health, including strengthening prevention, running sustained mass media campaigns,

maintaining pharmacy-only vape sales, and strong enforcement against retailers illegally selling these products.

"Strong tobacco price and tax measures should also be retained as part of a comprehensive tobacco-control response to help prevent children and young people from taking up smoking," he concluded.

Read the research **HERE**. KB

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## Health Services

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Ruthanne Jaja, TerryWhite Chemmart, Macquarie Street



**TerryWhite Chemmart**

Dedicated to Care



## Light provides free PSE recording tool

OEXA has announced it will make its Light pseudoephedrine (PSE) recording functionality free for community pharmacy to use as a standalone tool, with no subscription fee and no requirement to sign up to the broader Light clinical platform in order to use it.

While pharmacies in Queensland, Western Australia and NSW are currently required to use Project STOP to record pseudoephedrine purchases, the Light recording tool is available for free to pharmacies in those jurisdictions where alternative recording platforms are permitted.

"Our view is that pharmacists should have greater choice in the technology they use to meet their professional and regulatory requirements, and that essential recording functionality shouldn't necessarily come with an ongoing subscription or transaction cost," John Le, Light head of growth, told *Pharmacy Daily*.

"The tool also supports a broad range of products beyond those containing pseudoephedrine, including other products that pharmacies may need or choose to record, such as dihydrocodeine-containing products," he added.

The Light team will be demonstrating the tool at Pharmacy Connect - visit stand 15 in the trade exhibition.

## New import packaging rules

THE Australian Government has introduced regulatory changes to the Personal Importation Scheme to help authorities identify imported therapeutic goods and reduce the risk of unidentified, mislabelled or counterfeit products entering the country.

Under the changes, medicines imported through the scheme are required to remain in their original packaging where possible, including any dispensing labels or product information needed to accurately identify the goods.

The regulatory changes also clarify the types of therapeutic goods covered by the scheme, who is considered an 'immediate family member', and evidence requirements for people travelling to Australia with prescription-only medicines.

The updates are designed to improve the safety of products obtained under personal importation, and follow an increase



in border seizures and warnings regarding counterfeit and illegal medicines entering Australia.

Regardless, as products imported under the scheme are not evaluated by the Therapeutic Goods Administration (TGA), their safety, quality and efficacy cannot be guaranteed.

"If an import does not meet the scheme's conditions, the goods may be seized and individuals may lose both the goods and the money they paid for them," the TGA warned.

"Businesses that unlawfully import therapeutic goods may also face compliance or enforcement action," it added.

Learn more [HERE](#). KB

## Medical research funding drive launched

OVER 30 medical research institutes (MRIs) from across the country have united today for Australia's first ever Medical Research Giving Day, in an effort to raise awareness about the vital role medical research plays in building a healthier future and a stronger economy.

MRI peak body, the Association of Australian Medical Research Institutes, has highlighted two key challenges facing the sector.

Firstly, for every \$1 received

through government research grants, an additional \$0.64 is needed to cover the full cost of conducting research.

Secondly, medical researchers typically spend around 30% of their time applying for funding, which is time not spent working in the lab.

Medical Research Giving Day is calling on ordinary Australians to help support MRIs, and has set a goal of \$500,000.

Learn more [HERE](#).

## Help shape MSK pain research

CHARLES Sturt University is inviting pharmacists who treat people with musculoskeletal pain in regional, rural or remote Australia to take part in a project that will help shape research that reflects the needs of rural and remote communities.

Participants will attend four two-hour online meetings between Sep and Nov 2026, share their views and experiences of treating people with musculoskeletal pain, and provide feedback on research plans and materials.

No research experience is required, and participants will be reimbursed for their time.

Learn more [HERE](#).

## Gen Well returns

AMCAL Pharmacy and Foxtel have announced that a second season of the TV wellness series *Gen Well* is set to premiere on Mon 05 Oct on Foxtel's LifeStyle channel and Binge.

The 10-episode season - which will also air on Channel 9 - will see television and podcast host Ali Daddo meet a new group of Australian families to help them tackle a range of health and wellbeing challenges, with the guidance of healthcare professionals and Amcal Pharmacists (PD 17 Apr 2025).

Learn more [HERE](#).

Check out the latest in

# Beauty & Wellness

Every Thursday in *Pharmacy Daily*





## Dispensary Corner

**RESEARCHERS** from Flinders University have published a review this week looking at aerosols released into the air when a toilet is flushed, with findings pointing to the potential for exposure to disease-causing microbes contained in toilet-generated aerosols.

"Toilet flushing creates turbulence that can release aerosols into the surrounding air," lead author Lira Adiyani, a PhD candidate, explained.

"Some studies detected these aerosols at adult breathing height, indicating a potential pathway for inhalation exposure," she continued, adding that the microbes "can originate both from contamination of the toilet bowl during use, or from the water used for flushing".

Flush volume was identified as an important factor influencing aerosol generation, suggesting that toilets designed with lower flush volumes, or a lower-volume option on dual-flush toilets, may help minimise aerosol production.

The aerosols appear to remain suspended in the air for at least 20 seconds after flushing.

Unfortunately, closing the lid did not prevent aerosols escaping, though particles tended to lurk around toilet seat level, rather than going up into the air and landing on your toothbrush holder.

The team called for further research to determine which measures can best reduce aerosol dispersion and inhalation exposure.

## PRODUCT SPOTLIGHT

Suppliers wanting to promote products in this feature should email [advertising@pharmacydaily.com.au](mailto:advertising@pharmacydaily.com.au)

### Mag-Sup powder - a better way to absorb magnesium

Mag-Sup powder is a high absorption magnesium supplement for use in magnesium deficiencies. It contains magnesium aspartate which has increased bioavailability compared to other forms of magnesium. Magnesium aspartate has better oral absorption than magnesium citrate, magnesium glycinate, magnesium chloride and magnesium oxide.

- High dose, once a day
- Rapidly absorbed
- Natural forest berry flavour
- Up to 300mg elemental magnesium per day

Available in 200g packs equivalent to 40 doses.

RRP: \$21.57

**Suppliers:** Available from Symbion, Sigma, API & CH2. Contact your Clear Sales representative on 1800 640 043 for special deals.

**Website:** [CLICK HERE](#) for more information.



### APOHEALTH Sensease Mometasone Nasal Allergy Relief 140 dose

APOHEALTH Sensease Mometasone Nasal Allergy Relief is used for the prevention or treatment of allergic rhinitis in adults and children 12 years of age and over. The product can be used for up to six months.

**Active Ingredients:** Mometasone furoate 50 micrograms/actuation

RRP: \$19.99

**Stockist enquiries:** Call 1800 276 839 or contact your Arrotex territory manager.

**Website:** [CLICK HERE](#) for more information.

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# 20<sup>th</sup> BIRTHDAY

We've Changed A Lot In *20 years*  
**BUT ONE THING HASN'T CHANGED.**

Still solely pharmacist-owned for the sole benefit of pharmacists.

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All Began

Growing  
Together

Stronger  
Than Ever



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Deals



Optional  
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Perfect  
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