

Today's issue of PD

Pharmacy Daily today features four pages of news, including a photo page from **Pharmacy Connect** and our **Beauty & Wellness** feature, plus full pages from:

- Glucojel
- Careline

R U OK? Day helps

AS PEOPLE around the country ask each other 'Are you ok?' today, recent research has shown that the campaign has had a positive impact on mental wellbeing, especially among men aged 25-49.

Using nine years of data from an annual survey covering economic and personal wellbeing, the team from Monash University and the University of Melbourne found the initiative produced an increase in self-assessed mental wellbeing.

While the difference was small, the numbers were averaged over the whole population, which would include many who were not part of the campaign.

However, they also found there was no increase in visits to a GP for a mental health treatment plan, or in prescriptions filled for mental health-related medicines.

The researchers attributed the effect to social connection, suggesting the discussion helped to reduce feelings of isolation - learn more **HERE**.

Monash to start PharmD degree

MONASH University is set to launch its new five-year Bachelor of Pharmacy (Honours) / Doctor of Pharmacy double degree next year, providing students with skills in clinical decision-making, person-centred care, cultural safety, sustainability and digital literacy, including responsible AI use.

The final year of the program will see students undertake an accredited intern training program, alongside paid supervised practice in a hospital or community pharmacy, while completing electives that align with new and emerging roles for pharmacists in Australia, including prescribing and aged care.

For those who do not wish to undertake the additional Doctor of Pharmacy training, alternative exits include the option to leave after the fourth year with a Bachelor of Pharmacy (Hons), or after five years with a Bachelor of Pharmacy (Hons)/Master of Pharmacy.

Spookojel comp

THIS Halloween, Glucojel is giving customers the chance to win a year's supply of their favourite Glucojel products.

Order your free POS today - for more details see **page five**.

Trusted choice

CARELINE Australia has a range of Australian-made skincare products featuring natural ingredients such as lanolin, emu oil and lavender.

See **page six** for details.



Vita-D Mini Tablets

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Pharmacy Daily
ON LOCATION

PHARMACY CONNECT

Today's issue of **PD** is coming to you from **Pharmacy Connect** which is being hosted by the **Pharmacy Guild of Australia**.

THIS morning's plenary sessions kicked off with a thought-provoking and entertaining presentation from Dr Karl Kruszelnicki on critical thinking in pharmacy.

This was followed by an industry update featuring a keynote address from NSW Premier Chris Minns, and expert perspectives on the big issues facing community pharmacy today, both in Australia and overseas.

Discussion around the upcoming women's health trial rounded out the plenary.



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Editor's Choice: Avene offers suncare range powered with skincare

AVENE'S Sunstive SPF 50+ sunscreen range is perfect for skin that needs extra care this summer.

Formulated with ultra-lightweight, invisible textures, the range combines suncare with dermatologist-recommended skincare ingredients.

The Sunstive Sunscreen Serum 50+ (RRP \$44.99) features hyaluronic acid, vitamin E and aloe vera, ideal for layering under makeup, while the Sunstive Sunscreen Children Spray SPF 50+ (RRP \$42.99) is a convenient way to protect kids all over the face and body.

Meanwhile, the Sunstive Sunscreen Tinted Fluid SPF 50+ (RRP \$38.99) has a natural,



dry touch finish, offering an alternative to makeup, and the Sunstive Oil Control Sunscreen Fluid SPF 50+ (RRP \$38.99) is ideal

for acne-prone and combination skin, creating an anti-shine and mattifying effect. Available nationwide now.

Enter Taiwanese beauty



MOVE over K-Beauty, HD Professional is bringing Taiwanese skincare to the Australian market and is now looking for stockists.

Developed to combine advanced formulation technology with accessible luxury, the wide range of cleansers, serums, moisturisers and targeted treatments incorporate encapsulated actives, exosome technology and micro-inject mask formats.

According to co-founder Cath Collins, Taiwanese beauty has been "quietly developing some of the most advanced formulations in Asia".

HD Professional is now expanding across Australia and New Zealand and is on the hunt for beauty retailers, pharmacy groups and other distribution partners.

"We've designed this to be retailer-friendly from day one," said co-founder Paul Collins.

"No huge opening orders and no exclusivity pressure - just a strong product range, competitive margins and the backing of a global formulation partner with two decades of R&D."

For retail and distribution enquiries, contact Paul Collins: paul@hdprofessional.com.au or 0419 722 807.

YSL unveils new scent

YVES Saint Laurent Beauty has launched a new fragrance in its Libre collection, Santal Couture eau de parfum (RRP \$250).

Featuring New Caledonian sandalwood, the fragrance is a woody twist on Libre's iconic floral scent, with French lavender and Moroccan orange blossom.



ROC introduces two-in-one suncare solution



ROC Skincare's two-in-one Soleil Protect SPF 50 range protects skin from damaging UVA and UVB rays while offering clinically proven skincare benefits targeting dark spots, lines and wrinkles.

Available exclusively at Chemist Warehouse for RRP \$29.99 each, the range includes Soleil Protect Anti-Brown Spot Fluid SPF 50, Soleil-Protect Anti-Wrinkle Smoothing Fluid SPF 50 and Soleil-Protect High Tolerance Comfort Fluid SPF 50.

Formulated with antioxidants, the spot fluid aims to visibly reduce brown spots while preventing future sun damage, while the smoothing fluid features hyaluronic acid to smooth and plump the skin, and the comfort fluid contains antioxidants to calm sensitive skin.

Want to feature on this page?

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Beauty & Wellness
by Pharmacy Daily

Thursday 10th Sep 2026

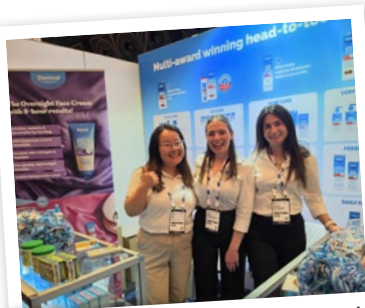
Colleagues connect at welcome event

LAST night's Pharmacy Connect 2026 welcome function at the Hyatt Regency Sydney was enjoyed by current and future pharmacists, pharmacy assistants and industry representatives alike.

The conference theme 'Connecting with care' was evident as attendees experienced the networking opportunity, with colleagues reconnecting and new introductions made, all while enjoying food, drinks and live music.

Held in the trade exhibition hall, guests were inspired by the innovative products and services on display as they engaged with leading industry suppliers.

Attendees can now look forward to two days of clinical updates, business advice and motivational presentations delivered by over 60 industry experts and renowned thought leaders.



LACORIUM Health: Lin Lui, Tori Somerville and Hilda Solomon.



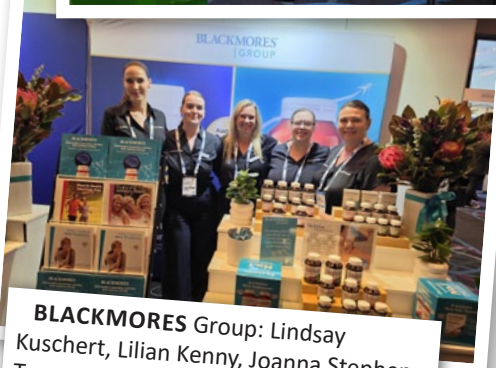
RAVEN'S Recruitment: Welcome night's event sponsor Raven's Recruitment David Shaw and Heidi Dariz.



TERRYWHITE Chemmart: Bruce Fargher, Chloe Backers, Fiona Mackenzie and Lexi Vorias.



GOLD Cross: Saying hello to attendees, the always fun Glugojel Bear and Felicity Edmunds, Gold Cross.



BLACKMORES Group: Lindsay Kuschert, Lilian Kenny, Joanna Stephen, Tracy Goldsmith and Andrea Raftesath.



ARROTEX Pharmaceuticals: Sam Raiz, Michael Nguyen and Mustaphar Kattar.

ACTOR Pharmaceuticals: Marius Harmse, Gabrielle Gris and Mark Jaggers.

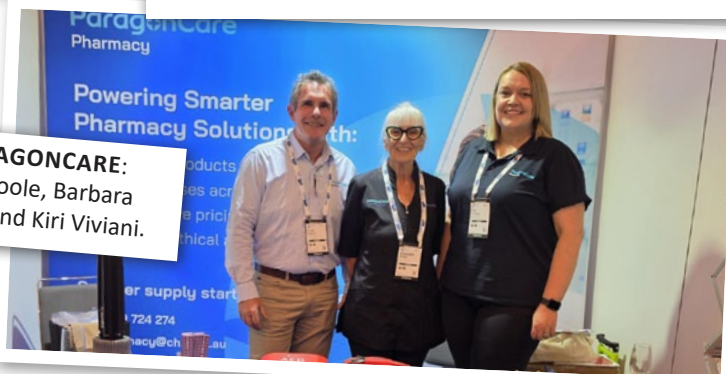


AFT Pharmaceuticals: Daniel Shalhoub & Jason Factor.



WILLACH: Meg Brideson, Mel Guise and Mark Brown.

PARAGONCARE: Clint Poole, Barbara Bone and Kiri Viviani.





Dispensary Corner

WHEN you think about a luxurious day spa experience, you probably wouldn't imagine being treated like a well-manicured cow.

But an organic cow spa in the US state of Maine offers guests the chance to enjoy fresh air, sunshine, grass (shots) and hoof care, like its bovine residents.

Throw in a bit of cow cuddling to boost oxytocin levels, skin brushing akin to that the cows receive, and some pasture-inspired meditation, and you're up for an udderly relaxing time.

You'll also gain an appreciation for the life of an organically farmed cow, according to Stonyfield Organic, which runs the spas for US\$120 (A\$166).

"The Organic Cow Spa is inspired by the idea that organic cows have the space, fresh air, sunshine and nourishment they need to thrive," PR director Kristina Drociak told *The NY Post*.

"It's not about literally feeling like a cow - it's about giving people a firsthand, memorable look at the care behind organic farming," she clarified.

Call for greater ketone awareness in diabetes

EXPERTS are highlighting the life-threatening risk of diabetic ketoacidosis (DKA) in people with diabetes, with continuous ketone monitoring being touted as the next significant advancement in diabetes care.

DKA remains a significant cause of hospitalisation, with around 9,400 admissions among Australians with type 1 diabetes in 2023-24, making it one of the most recorded complications in this population.

Similar to the way continuous glucose monitoring has transformed diabetes management, continuous ketone monitoring could provide an early warning signal that helps patients and healthcare teams take timely action to reduce the risk of the condition.

However, while a device for continuous monitoring of both glucose and ketones was recently approved in the US, there is no such device currently available in Australia, leaving patients reliant on ketone monitoring strips as the current standard of care.

"While important, testing for ketones on blood obtained from a finger-prick reading does have very significant limitations," endocrinology professor David O'Neal from St Vincent's Hospital

Melbourne told *Pharmacy Daily*.

"The person living with diabetes may not need to do a ketone reading very often, and we find that the strips go out of date and may not be replaced because they are not reimbursed by the government - unlike glucose monitoring strips," he explained.

"On top of that, they need to recognise when they're at risk of diabetic ketoacidosis and initiate a test, which may not be convenient - it's time consuming, it involves blood exposure, it's painful.

"A single blood ketone level is provided, and it doesn't inform one whether these levels are going up or down or staying the same."

At present it is challenging to predict the onset of DKA, as the main symptoms - nausea and vomiting - are fairly nonspecific and occur after the situation has already become critical.

And while there is some correlation with glucose levels, it is not reliable - euglycaemic DKA is a dangerous medical emergency in which ketoacidosis develops despite a normal or near-normal blood glucose reading.

Until continuous ketone monitoring devices enter the market, improving understanding



of ketone monitoring to prevent DKA among people with diabetes is an important first step.

Professor O'Neal noted that pharmacists play a key role in preventing DKA, as certain medications can increase the risk.

"The example everyone knows about is SGLT2 inhibitors, but there are other classes of medication that can also predispose a patient to DKA, such as high dose steroids and major antipsychotics," he said.

"When pharmacists are filling prescriptions for such drugs, they can reinforce that if there are any symptoms of nausea, vomiting, or any unexplained high glucose levels, or they feel unwell, ketone levels should be checked.

"And as one element of a broader team caring for people with diabetes, I think that pharmacists do need to be on board when these new technologies become available," he concluded. *KB*



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